



Grief and Education Center

Dear Parents and Guardians,

To better meet the needs of our students, through collaboration with Unity Grief and Education Center, Westwood Elementary School is pleased to offer our students the opportunity to participate in a School Grief Group.

Westwood School Counselor, Mardi Johnson and a Unity Grief Counselor will be leading a six-week grief support group designed to provide students the opportunity to explore their grief through activities and conversation, while learning about grief and developing coping skills. Through participating in this group, we hope students gain insights into their own grief experience and make connections with peers who have also experienced a loss while in a safe, supportive environment.

This group is open to any student who has experienced a death regardless of when the death occurred. The experience of grief is unique, and a grief support group may not be suited for everyone. Please know that Unity Grief and Education Center is a resource should you wish to learn more about their services.

The group will be held on the dates below from 10:00 AM – 11:00 AM.

- Tuesday, March 4, 2025
- Tuesday, March 11, 2025
- Tuesday, March 18, 2025
- Spring Break
- Tuesday, April 1, 2025
- Tuesday, April 8, 2025
- Tuesday, April 15, 2025

Please discuss this opportunity with your student and return the attached permission slip to Mardi Johnson **by Friday, February 28th** should you wish to participate.

Please feel free to call Mardi Johnson at (920) 337-1087 should you have any questions regarding this group or Unity Grief and Education Center at (920) 339-6700 should you want further information on the grief support services offered to our community.

Caring Together,

Westwood Elementary School and Unity Grief and Education Center

Serving Northeast Wisconsin Since 1977



Grief and Education Center

Westwood Elementary School Grief Group Permission Slip

I consent to my child's participation in Unity Grief and Education Center's School Grief Group. The group will meet March 4, 11, 18 and April 1, 8, and 15, 2025 at Westwood Elementary School. The grief group will be facilitated by Westwood School Counselor, Mardi Johnson and a Grief Counselor from Unity Grief and Education Center named Michelle Miller. This grief group is designed to support students by providing grief education, connection, and resources; however, it does not offer assessments, diagnosis, evaluations, or private therapy.

I understand that my child is responsible for all classwork missed because of participation in the group. If I have questions or concerns regarding group, contact Mardi Johnson at (920) 337-1087.

Signature of Student _____ Date _____

Signature of Parent/Guardian _____ Date _____

Student Information

First Name: _____

Last Name: _____

Home Address: _____

City/State/Zip: _____ Phone: _____

Age: _____ Grade: _____

Name of the person who died: _____

Relationship to the person who died: _____

Cause of death: _____ Date of death: _____

Briefly describe how you and your child/teen feel they will benefit from a grief support group:

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